


September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 9:30 Bible Study 10:15 Upper Body Exercise 1:00 Walking Group 2:00 Reading Corner 3:00 Bingo 4:00 Bird Watching	2 9:30 Daily Chronicles 10:30 Lower Body Exercise 11:00 Word Search 1:00 Walking Group 2:00 Snow Cones 2:30 Paul Chamberlain 4:00 Bocce Ball	3 9:30 Daily Chronicles 10:30 Ageless Grace 11:00 Music Trivia 1:00 Sip and Paint 2:00 Balloon Volley 4:00 Outside adventures	4 9:30 Daily Chronicles 10:00 Cardio 11:00 Brain Games 1:00 Walking Group 2:00 Happy Hour 3:00 Shoot and Aim 4:00 Hand Therapy	5 10:00 Daily Chronicles 11:00 Chair Yoga 1:00 Walking Group 2:00 Popsicle Pass 3:00 These Hands	
6 11:00 Bingo 1:00 Walking Group 1:30 Worship Ch.60 3:00 Movie Matinee/ Popcorn Ch 60 5:00	7 9:30 Walking Group 10:00 Daily Chronicle 11:00 Craft Corner 1:00 Walking Group 1:30 Mock tail Monday 4:00 Carpet Ride to the Mountains	8 9:30 Bible Study 10:15 Upper Body Exercise 1:00 Walking Group 2:00 Arm Chair Travels 3:00 Bingo 4:00 Gardening Club	9 9:30 Daily Chronicles 10:30 Upper Body Exercise 11:00 Crossword 1:00 Walking Group 3:00 Purple Cows 4:00 Bowling	10 9:30 Daily Chronicles 10:30 Ageless Grace 11:00 Positive Devotions 1:15 Music w/ Kim L. 2:30 Ball Toss 4:00 Mail a Hug	11 9:30 Daily Chronicles 10:00 Cardio 11:00 Brain Games 1:00 Walking Group 2:00 What's Cooking 3:00 Stack up 4:00 Sculpting	12 10:00 Daily Chronicles 11:00 Chair Yoga 1:00 Walking Group 2:00 Popsicle Pass 3:00 These Hands	
13 11:00 Bingo 1:00 Patio Time and Tea 1:30 Worship Ch.60 3:00 Movie Matinee/ Popcorn Ch 60 5:00	14 9:30 Walking Group 10:00 Daily Chronicle 11:00 Craft Corner 1:00 Walking Group 1:30 Mock tail Monday 4:00 Reminisce of summers	15 9:30 Bible Study 10:15 Upper Body Exercise 1:00 Walking Group 2:00 Resident Council 3:00 Bingo 4:00 Birds of Colorado	16 9:30 Daily Chronicles 10:30 Upper Body Exercise 11:00 Seek and Find 1:00 Walking Group 2:00 Menu Chat 3:00 Sip and Paint 4:00 Sing along	17 9:30 Daily Chronicles 10:00 Ageless Grace 11:00 Animal Trivia 1:00 Sip and Paint 2:00 Noodle Ball 4:00 Family Council	18 9:30 Daily Chronicles 10:00 Cardio 11:00 Brain Games 1:00 Walking Group 2:00 –4:00 End of Summer BBQ	19 10:00 Daily Chronicles 11:00 Chair Yoga 1:00 Walking Group 2:00 Popsicle Pass 3:00 These Hands	
20 11:00 Bingo 1:00 Outside Walk 1:30 Worship Ch. 60 3:00 Movie Matinee/ Popcorn Ch 60 5:00	21 9:30 Walking Group 10:00 Daily Chronicle 11:00 Craft Corner 1:00 Walking Group 1:30 Mock tail Monday 4:00 Remember When?	22 9:30 Bible Study 10:15 Upper Body Exercise 1:00 Walking Group 2:00 Arm Chair Travels 3:00 Bingo 4:00 Flower arrangements	23 9:30 Daily Chronicles 10:30 Upper Body Exercise 11:00 What's the Difference 1:00 Walking Group 2:00 Root beer Floats 4:00 Armchair Travel Italy	24 9:30 Daily Chronicles 10:30 Ageless Grace 11:00 Positive Devotions 1:30 Creative Station 2:30 Mini Horses/ Happy Hour 4:00 Putt and Return	25 9:30 Daily Chronicles 10:00 Cardio 11:00 Brain Games 2:00 What's Cooking 3:00 Stack up 4:00 Hand Therapy	26 10:00 Daily Chronicles 11:00 Chair Yoga 1:00 Walking Group 2:00 Popsicle Pass 3:00 These Hands	
27 11:00 Bingo 1:00 Patio Time and Tea 1:30 Worship Ch 60 3:00 Movie Matinee/ Popcorn Ch 60 5:00	28 9:30 Walking Group 10:00 Daily Chronicle 11:00 Craft Corner 1:00 Walking Group 1:30 Mock tail Monday 4:00 What Year?	29 9:30 Bible Study 10:15 Upper Body Exercise 1:00 Walking Group 2:00 Uplifting Stories 3:00 Bingo 4:00 Feed the Birds	30 9:30 Daily Chronicles 10:30 Upper Body Exercise 11:00 Door Decorating 1:00 Walking Group 3:00 Birthday Celebration and Dance Party	MONTAGE CREEK SENIOR LIVING MEMORY CARE			
<i>All activities are subject to change with posting or per resident preference/interest. 1:1 available per need. outside walks weather permitting.</i>							